



Benedicts

All Benedicts are served with ranch potatoes or grits.

EGGS BENEDICT*

Two English muffin halves topped with ham, two poached eggs, hollandaise sauce and green onions.

HIKER'S BENEDICT*

Diced ham, asparagus, tomatoes, portabella mushrooms and two poached eggs on two English muffin halves. Topped with dill hollandaise sauce and two strips of bacon.

CRAB CAKE BENEDICT*

Two English muffin halves topped with grilled crab cakes, tomato slices, two poached eggs and hollandaise sauce.

NEW ORLEANS BENEDICT*

Home-style biscuit topped with Andouille sausage and tomato gravy, diced ham, green onions, two poached eggs and hollandaise sauce.



Great Eggs-pectations

EGGS PLUS*

Two country-fresh eggs cooked to order. Served with ranch potatoes or grits and a choice of toast.

With bacon, sausage or ham

TURKEY SAUSAGE & EGGS*

Two eggs cooked to order with three turkey sausage patties, ranch potatoes or grits and a choice of toast.

BREAKFAST CROISSANT

Scrambled eggs, diced ham and melted cheese served on a bakery-fresh croissant. Served with ranch potatoes or grits.

DELUXE EGG SANDWICH

Two fried eggs, sliced ham, bacon strips, tomato, mayonnaise and Havarti dill cheese stacked on grilled sourdough bread. Served with ranch potatoes or grits.

BISCUITS & GRAVY*

Fluffy home-style biscuit topped with sausage gravy. Served with two eggs any style and ranch potatoes or grits. *With bacon, sausage or ham*



Skillets & Hash Specialties

✂ CAMBRIDGE SKILLET*

Diced ham, bacon and hollandaise sauce on a bed of ranch potatoes with melted cheese and two eggs any style. Served with an English muffin.

TEXAS SKILLET*

Seasoned steak strips, roasted red and green peppers, onions and portabella mushrooms on a bed of ranch potatoes with melted cheese and two eggs any style. Served with an English muffin.

CORDON BLEU SKILLET*

Diced chicken, ham, Swiss cheese and hollandaise sauce on a bed of ranch potatoes with two eggs any style. Served with an English muffin.



Smarter Choices

Each Smarter Choice entrée served with an English muffin.

MEDITERRANEAN FRITTATA

Egg whites accompanied by diced chicken, mozzarella, roasted tomatoes, Parmesan cheese and Greek seasoning. Served with fresh fruit.

EGG BYTE OMELETTE

A three egg white omelette with diced tomatoes, green peppers, baby spinach, onions and portabella mushrooms. Served with fresh fruit and a side of salsa.

FRESH FRUIT & YOGURT

Fresh fruit with vanilla yogurt and granola.

BREAKFAST SUNDAE

Layers of crunchy granola, fruit, low-fat yogurt and crisp apple slices in a tall parfait glass.

Cholesterol-free eggs or egg whites may be substituted for .99



Eggs Olé

Each Eggs Olé entrée served with ranch potatoes.

SUNRISE CHILE RELLENOS

Whole roasted green chile strips filled with melted Monterey Jack and Cheddar cheeses folded inside lightly cooked whipped eggs. Topped with salsa or pork green chili, melted cheese, lettuce, diced tomatoes, sour cream and green onions.

✂ SANTA FE HUEVOS*

A flour tortilla layered with seasoned black beans, melted pepper jack cheese and two eggs any style. Topped with pork green chili or salsa, guacamole, diced tomatoes, sour cream and green onions. *Add chorizo (a zesty sausage)*

MEXICAN OMELETTE

Chorizo, green chiles and onions, topped with Monterey Jack and Cheddar cheeses, salsa or pork green chili, sour cream and green onions.



Omelettes & Frittatas

Served with ranch potatoes or grits and choice of toast.

✂ CREATE-YOUR-OWN OMELETTE

Includes any three ingredients from below.

Add any of these ingredients for 1.00 each

- Bacon
- Ham
- Sausage
- Turkey Sausage
- Chorizo Sausage
- Grilled Chicken
- Avocado
- Mixed Cheese
- Swiss Cheese
- Mozzarella Cheese
- Feta Cheese
- Pepper Jack Cheese
- Havarti Dill Cheese

Add any of these ingredients for .50 each

- Green Peppers
- Green Onions
- Onions
- Tomatoes
- Roasted Tomatoes
- Spinach
- Artichoke Hearts
- Portabella Mushrooms
- Asparagus
- Green Chile Peppers
- Jalapenos

SPINACH BACON MUSHROOM

OMELETTE

Fresh spinach, bacon, portabella mushrooms and melted Swiss cheese. Topped with hollandaise sauce.

EGG-CEPTIONAL OMELETTE

Sausage, diced ham, bacon, onions, tomatoes, portabella mushrooms and melted cheese. Topped with sour cream and green onions.

DENVER OMELETTE

Diced ham, onions, green peppers and melted cheese.



Pancakes, Waffles & French Toast

✂ THE FLAPPER*

An extra large whole wheat pancake, two eggs and two strips of crisp bacon or sausage patties.

PLAIN 'N SIMPLE PANCAKE

BLUEBERRY PANCAKE

Served with a side of blueberry compote.

RASPBERRY GRANOLA PANCAKE

Whole raspberries and granola with low-fat raspberry yogurt instead of butter.

APPLE CINNAMON GRANOLA PANCAKE

Crunchy granola and apple slices baked into a whole wheat pancake. Served with cinnamon butter.

Our extra large whole wheat pancakes are served with warm syrup.

✂ WAFFLE EGGS PRESS*

A golden Belgian waffle, two eggs and two strips of crisp bacon or sausage patties.

IT'S OK TO WAFFLE

Single waffle.

THE PATRIOT WAFFLE

Fresh raspberries and blueberries with a dusting of powdered sugar.

STRAWBERRY BANANA & WALNUT WAFFLE

Fresh strawberries, bananas and walnuts topped with powdered sugar and whipped cream.

✂ VIVA LA FRANCE*

Two pieces of French toast, two eggs and two strips of crisp bacon or sausage patties.

FRENCH TOAST

Three pieces of sourdough bread dipped in a custard batter. Grilled golden and sprinkled with powdered sugar.

STUFFED FRENCH TOAST

Two pieces of French toast filled with diced pork sausage, melted cheese and scrambled eggs. Served with ranch potatoes.

RAISIN FRENCH TOAST*

Raisin bread French toast topped with cinnamon butter. Served with two eggs and two strips of bacon or sausage patties.

HUEVOS RANCHEROS*

A flour tortilla layered with refried beans, melted cheese and two eggs any style. Topped with salsa or pork green chili, sour cream and green onions.

Add chorizo (a zesty sausage)

BREAKFAST BURRITO

Three eggs lightly scrambled with green chiles, onions, ranch potatoes and diced pork sausage. Wrapped in a warm flour tortilla and topped with melted Monterey Jack and Cheddar cheeses, pork green chili or salsa, lettuce, tomatoes, sour cream, guacamole and green onions.

MEXICAN SKILLET*

Chorizo, black beans, green chiles, diced tomatoes and onions on a bed of ranch potatoes with a choice of pork green chili or salsa. Topped with pepper jack cheese and two eggs any style. Served with a flour tortilla.

Lunch Classics

✂ PREMIUM SALAD COMBOS

CHOOSE 1/2 ENTRÉE SALAD AND 1/2 SANDWICH OR CUP OF SOUP

Salads:

- Chicken Spinach
- Cobb
- Greek
- Southwest Tortilla
- Chicken Apple Walnut
- Chopped

Sandwiches:

- Reuben (Classic or Turkey)
- Chicken Apple Walnut
- Turkey Apple Croissant
- Arizona Turkey
- BLT

Soup:

- Soup of the day
- Ask your server for today's selection!



Entrée Salads

Dressings available: Ranch, Balsamic Vinaigrette, Bleu Cheese, Thousand Island, Low-Fat Raspberry Vinaigrette and Low-Fat Avocado Ranch.

✂ SOUTHWEST TORTILLA SALAD

Crispy tortilla strips, sliced grilled chicken, mixed cheese, black bean and corn salsa, roasted tomatoes, and mixed greens tossed in a salsa vinaigrette. Garnished with a low-fat avocado ranch dressing and green onions.

CHICKEN APPLE WALNUT SALAD

Our chicken-apple-walnut salad on top of mixed salad greens and diced tomatoes. Sprinkled with toasted walnuts. Served with a choice of dressing.

CHOPPED SALAD

Sliced grilled chicken, bleu cheese, tomatoes, bacon, avocado, apples and spicy pecans tossed with mixed greens in a balsamic vinaigrette.



Sandwiches

Choice of kettle chips, garden side salad, cottage cheese, seasonal fresh fruit or a cup of homemade soup.

ARIZONA TURKEY

Smoked turkey breast on grilled sourdough with bacon, avocado, tomato, mayonnaise, Cheddar and Monterey Jack cheeses.

REUBEN (CLASSIC OR TURKEY)

Corned beef or smoked turkey, melted Swiss cheese, Thousand Island dressing and Bavarian sauerkraut on grilled rye bread.

CHEDDAR CHEESEBURGER*

Grilled burger patty topped with melted Cheddar cheese, shredded lettuce, sliced tomato and mayonnaise. *Add bacon*

GRILLED CHICKEN

A grilled chicken breast topped with melted Cheddar cheese, shredded lettuce, sliced tomato and mayonnaise.



Soup, Garden Salad & Combos

SOUP OF THE DAY

Made from scratch. Offered at 10:00 am daily.

GARDEN SALAD

Mixed greens topped with carrots, tomatoes, Parmesan croutons, Monterey Jack and Cheddar cheeses. Served with your choice of dressing.

SOUP & GARDEN SALAD

A bowl of homemade soup with a garden salad.



Add-ons & Sides

RANCH POTATOES WITH SOUR CREAM

ADD CHEESE

LOADED

Pork green chili, melted cheese, diced bacon, sour cream and green onions.

STEEL CUT OATMEAL *cup or bowl*

GRITS *cup or bowl*

SWEET MUFFIN

SEASONAL FRESH FRUIT BOWL

✂ TRIPLE PLAY

A cup of homemade soup, your choice of a half sandwich and a garden salad.

1/2 SANDWICH WITH SOUP OR

GARDEN SALAD

Your choice of a half sandwich with a bowl of homemade soup or a garden salad.

Combo 1/2 sandwich options include: Reuben (Classic or Turkey), Chicken Apple Walnut, Turkey Apple Croissant, Arizona Turkey or BLT.

BISCUIT & GRAVY

ONE EGG*

TWO EGGS*

BACON (3 PIECES)

PORK OR TURKEY SAUSAGE PATTIES

GRILLED HAM

ENGLISH MUFFIN OR TOAST

LOW-FAT COTTAGE CHEESE

*COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE THE RISK OF FOODBORNE ILLNESS. PLEASE LET US KNOW IF YOU HAVE FOOD ALLERGIES. NOT ALL INGREDIENTS ARE LISTED ON THE MENU.

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